

# WWE & ImPACT Concussion Management Program

## WHAT

- An ImPACT test measures the effects of a concussion through cognitive tests.
- ImPACT results are evaluated by Dr. Mark Lovell, neuropsychologist and director of the University of Pittsburgh Medical Center Sports Medicine Concussion Program.

## WHO

- All WWE Talent\* have been given a baseline ImPACT test.
- WWE Talent are given repeat baseline ImPACT tests annually.
- Baseline ImPACT tests are mandatory for all prospective talent during pre-contract screening.

## RETURN GUIDELINES

- If a WWE Talent shows symptoms of a concussion or has suffered a concussion, then that WWE Talent will not be cleared for a return to wrestling until he/she passes an ImPACT test and is cleared clinically by a certified physician.
- ImPACT tests are typically taken by WWE Talent within 24-72 hours post injury.
- If the post-injury ImPACT results do not indicate a recovery, then that WWE Talent will not be cleared until he/she retakes the ImPACT test, passes the ImPACT test and is subsequently cleared clinically by a certified physician. Repeat ImPACT tests are usually administered 2-3 days after the first post injury ImPACT test.

\* WWE Talent is defined as all talent under contract to WWE who regularly perform in ring services as a professional sports entertainer

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## RETURN GUIDELINES, (con't)

- If symptoms dictate and/or ImPACT scores warrant, WWE will send a WWE Talent for a direct consultation with Dr. Lovell at the University of Pittsburgh Medical Center.
- Any talent that suffers a second concussion within an annual year from said talents first concussion, that talent will not return to in-ring work until after a one on one evaluation by Dr. Mark Lovell

## PREVENTION PROGRAMS & INITIATIVES

- The WWE conducts a yearly educational seminar for all talent, referees, producers & medical personnel that addresses the topic of concussions. The seminar covers concussion awareness, the WWE protocols for treatment, and the latest medical information regarding this area. The seminar is conducted by Dr. Joseph Maroon, MD.
- Developmental: In addition to education, the WWE has modified their training program to emphasize techniques and timing of maneuvers to prevent unnecessary blows to the head.
- The WWE has eliminated using folding metal chairs to “strike” an opponent in the head.
- The WWE penalizes through fine and/or suspension the following:
  - The intentional use of a folding metal chair to “strike” an opponent in the head.
  - Any blow to the head that is deemed an INTENTIONAL act
- The Fine and/or Suspension will be directed by the EVP of Talent Relations